

Dublin Phoenix Nordic Walking Club

Rules of the Club

www.nordicwalkers.ie

Annual Registration Form _____ March 20 ____ March 20

Registration Fee € _____ per person.

Name: Block Capitals. _____

Address _____

Mobile Phone Number _____

Email _____

I apply for membership of Dublin Phoenix Nordic Walking Club. I accept that all Nordic Walking activities may carry a risk of personal injury. I am aware of, and shall accept these risks, and wish to participate in these activities voluntarily and shall be responsible for my own actions and involvement. I shall participate in the club's activities entirely at my own risk, and the club whether in tort or in contract for any loss, injury or damage sustained by me, shall have no liability whatsoever.

The club advises all members to consult with their doctor prior to beginning

walking with Dublin Phoenix Nordic Walking Club.

In participating in Nordic walking, I undertake to abide by the following.

- * I will not walk with Nordic walking poles until I receive training in Nordic walking techniques with a suitably qualified person approved by club.
- * I will wear a lanyard with the telephone number of two people who can be contacted in case of an emergency.
- * I will abide by the decision of WalkLeader.
- * I will wear appropriate clothing and footwear.
- * I will inform the Walk leader if I wish to temporarily leave or finish walk early.
- * Dogs are not permitted on any of our walks.

GDPR Photography & Video Consent

I am aware that my photograph or video image may be taken whilst attending /participating in walks or activities connected with the club, and I consent to it being used by the club for items like event reports or on the club website or social media channels.

I have completed a training course with a suitable qualified Nordic Walker instructor. []

I confirm I have read and understand the rules and will abide by same.

Signature _____ Date _____

Witnessed by _____ Date _____ Return
completed form and membership fee to Membership Officer.

